Midweek Meditation

Returns September 5th

Dive in to the wonder and awe of your unique self, discover your individual pathway into meditation, and create a foundation of skills for your own personal meditation practice. Jenn Andrews teaches this instinctual approach to mediation, which is tender, inviting to the soul, and profoundly comprehensive.

Meditation is easier than you think!

"There is a Mandala of Secrets and a Shout of Joy waiting to unfold in the heart, revealing the beautiful and deep journey to our true Self." – Jenn Andrews



Radiance Pranava Meditation
Wednesday Nights, 5:30-7pm
116 E 7th St, #4
Class is by Donation

Questions? Contact: Jenn Andrews 775-530-8935

